



FORMAN SCHOOL
2025-2026
WINTERIM COURSES



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Winterim Philosophy

All Forman students and faculty are required to participate in Winterim, the centerpiece of Forman School's commitment to experiential education. Winterim is an exploration of subjects and ideas not taught in a traditional classroom setting, allowing for the examination of important issues and the pursuit of new endeavors. Because students with different learning styles tend to excel as innovators, entrepreneurs, creators, and leaders, Winterim is designed to give students experience in and an opportunity for applying skills that lay a foundation for their talents.

Winterim is more than a timely educational break in the academic routine. It is an intentional program designed for students to discover and develop their individual interests and talents.

The prices quoted are estimates. Registrations usually determine final costs, and parents will be notified of the actual cost when permission forms are signed, schedules are finalized, and itineraries are produced. In addition, as travel can be greatly disrupted due to the potential for unforeseen external factors, providing accurate pricing far before the actual trip is difficult, and the final cost may differ from the estimate provided for travel Winterims.

Winterim courses are graded and earn 1.5 credits, which are reported on transcripts. Parents should take an active and early role in helping their children select a Winterim project that will be engaging and beneficial. Students make their Winterim selections during the course sign-up process with input from the Director of Studies and their family.

Selection and Finances

Students should carefully consider their choices, as they may not get their first choice. Students may not enroll in the same course twice during their time at Forman School. Changing a Winterim selection after the deadline will result in parents being financially responsible for both choices. Winterim deposits are non-refundable, and final payments are non-refundable after November 21st, 2025. All financial deadlines and stipulations are laid out in the Winterim Commitment Contract.

Academic Credit

Winterim is a graduation requirement for each year that a student attends Forman. If a student does not earn credit for a Winterim course, they will be required to make up the missing requirement during the following summer. To make up for this obligation, students must work with the school to find an appropriate summer course for credit.

Students must understand that all school rules, including the prohibition of alcohol and illegal drugs, remain in force during Winterim for both on- and off-campus courses. Any violations will result in disciplinary action and could also result in the loss of Winterim credit, which will need to be made up.

Absences

Given the short, intensive nature of the program, students are not permitted to miss class days. Any absences may result in the loss of Winterim credit and will require summer makeup.

Legitimate illnesses and emergencies will be dealt with on an individual basis, but there may come a time when too much of the course has been missed. Early departure for vacation may result in automatic loss of credit.

Behavior Considerations

Students need to be in good standing to participate in a Winterim that involves more than three days of off-campus travel. At any point, a student on social probation may be ineligible for travel.

Travel Considerations

Any Winterim involving three or more days off-campus requires a non-refundable deposit. Travel in the United States requires a deposit of \$1,000 upon receipt of the invoice and commitment contract, and international travel requires a non-refundable deposit of \$1,500.

Failure to provide payments by the indicated deadlines will result in the student being placed on a waitlist and possibly having to pick a different Winterim. Some Winterim programs may also require a visa or visas. It is the responsibility of the student and their family to obtain a valid passport by the deadline.

Health Advisory Considerations

Winterim courses involving travel have additional health and safety considerations that both students and parents need to be aware of when selecting a Winterim. Parents need to make the Student Health Center aware of any allergies, food restrictions, serious medical conditions, and medication requirements. As some Winterim programs are far from medical services, the Student Health Center may restrict travel for students with certain medical needs. Parents should follow the CDC guidelines regarding travel outside the United States and be aware of all requirements and recommendations for the countries their child will visit. Parents should consult with their physician and/or a travel clinic on these considerations. Students traveling for more than three days off-campus are required to have an annual flu vaccine and abide by any entry requirements of those countries visited.

Financial Risk and Insurance

Once a student has enrolled in a Winterim, Forman begins to make financial commitments based on the expectation of the student's participation in that course. For this reason, the family is responsible for the cost of the Winterim even if the student drops the course, regardless of the reason; if a student needs to enroll in another course, the family is also obligated to pay for the cost of the new course. Parents will receive a Winterim Commitment Contract and more Winterim project details throughout the fall that will clearly lay out all financial obligations, responsibilities, and deadlines. We advise the purchase of travel insurance for courses that require air travel from Allianz Travel or another travel insurance company of your choice.

Winterim Class Times

The Winterim program runs Monday through Friday for two weeks. Class times are 9:00 a.m. to 3:00 p.m. Students are required to be present every day during the entire Winterim period and are graded for this course, earning 1.5 credits that are reported on their Forman transcript. Early departure for vacation may result in automatic loss of credit. Legitimate illnesses and emergencies will be addressed on an individual basis.

Students who are not in a traveling Winterim and are participating in an on-campus Winterim must attend their daily athletics commitment.

Several on-campus venues are open for students from 6:30 p.m. to 9:30 p.m. In-town shuttles and frequent trips to the movies, the mall, etc., will also be offered.

Important Points to Think about When Choosing a Winterim Course

Parents should actively help their students choose the courses that are best for them and affordable.

Students should follow their own interests when choosing courses. Courses popular with their friends may not truly match their own interests.

Read course travel advisories carefully. They provide necessary information about health and skill requirements.

Please select all Winterim course choices carefully. You may be placed in any of them, not necessarily your first choice.

Winterim Internships

Available only to Senior and PG students

Initial internship proposals in lieu of a Winterim course must be presented to the Director of Studies by May 30th, 2025, to ensure they meet specific guidelines. If a student chooses a Winterim Internship, a separate program must be followed. Full and final internship details must be presented to the Director of Studies by November 15th, 2025.

A presentation at an assigned Assembly is required in the spring. Communication between the internship contact and the Director of Studies takes place to make sure a thorough evaluation is completed and sent to the school for the student to receive a Winterim credit.

OFF-CAMPUS OPTIONS

Florida: Animal Recovery Mission

Florida

Cost: \$2,500-\$3,500

10-15 Students

Animal rescue, rehabilitation, and habitat restoration! In collaboration with the Florida-based animal welfare organization, Animal Recovery Mission (ARM), you will spend time with undercover agents who investigate illegal slaughter farms, underground animal fighting rings, the black market horse meat trade, and brutal commercial farming practices. During this 10-day immersive Winterim, students will stay on the 100-acre ARM Sanctuary, surrounded by a wide range of animals including cows, horses, goats, and other animals who have been rescued from their barbaric pasts. Students will gain a deeper understanding of animal welfare while assisting with the animals' daily care and rehabilitation, learn the nuances of investigative tactics and collaborating with law enforcement, and dive into ethical food practices. During the Winterim, we will venture to the Ten Thousand Islands on the Gulf Coast to delve into sea turtle and manatee habitat restoration and conservation efforts. Students will leave with a new perspective on the interconnectedness of animals, people, and the planet, empowered to make more informed and compassionate choices in their daily lives.

Travel & Program Advisory Considerations:

- *This program is in partnership with Forman alumnus and ARM Founder, Rich Couto '90*
 - *Forman recommends that students inquire with their medical provider about any program-related vaccination recommendations.*
 - *All food prepared on this program will be vegan.*
 - *Accommodations provided will be cabins and tents.*
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Galápagos: The Enchanted Isles

Ecuador

Cost: \$7,000-\$7,500

10-15 Students

Imagine traveling through time following Darwin's footprints as a roadmap to discover your own theories around biological evolution. We will be visiting the same famous locations that Darwin studied more than 100 years ago. The Galápagos Islands often exceed expectations! Where else can you see enormous tortoises grazing, short-feathered penguins waddling down the equator, or blue-footed boobies in their natural habitat? Learn about Darwin's scientific methodology around natural selection and evolution through the island's untamed terrain and obscure wildlife. Join us in discovering why the Galápagos are indeed enchanted!

Travel & Program Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
- *Students must abide by all Ecuadorian entry requirements at the time of entry.*
- *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*
- *Forman requires that students have strong swimming skills to participate in this program.*

Golf: More Than Just a Game; An \$86 Billion Industry

Florida

Cost: \$5,000-\$5,500

MAX 10 Students

What started as a simple game of hitting pebbles over sand dunes in 15th-century Scotland has become one of the most widely played sports in the world. While most people have either played golf or know someone who does, they may not realize that nearly 300,000 people work in the golf industry in the United States alone. This Winterim will explore various aspects of the golf industry while providing students with the opportunity to play some of Florida's best courses.

Students will learn from industry professionals in areas such as greenskeeping and turf management, general management, banquet and restaurant management, teaching, club making, and professional golf. We will split our time between Jupiter/West Palm Beach and Orlando, home to numerous prestigious courses and the highest concentration of PGA Tour Players in the world.

Travel Advisory Considerations:

- *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*
 - *Forman requires students to have golf clubs and appropriate golf apparel in order to participate in this program.*
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Laos & Thailand: Threads of Tradition and Currents of Change

Laos; Thailand

Cost: \$7,800-\$8,300

10-15 Students

Embark on a transformative exploration journey of Thailand and Laos through cultural immersion, historical inquiry, and hands-on learning. From the ancient temples of Chiang Mai and the UNESCO heritage streets of Luang Prabang to the Mekong River, war memorials in Kanchanaburi, and the vibrant streets of Bangkok, students will engage deeply with Southeast Asia's rich traditions, complex histories, and evolving identities. Along the way, students will participate in artisan workshops, community-based service projects, and environmental initiatives that bring global issues to life. Through these experiences, students will develop critical thinking, intercultural communication, and reflective skills while gaining a broader understanding of sustainability, religious and cultural diversity, and the lasting impacts of conflict and colonialism. The course fosters independence, empathy, and global awareness, equipping students with tools to navigate and contribute thoughtfully to an interconnected world.

Travel Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
- *Students must abide by all border entry requirements at the time of entry for all locations.*
- *Students should expect a significant amount of walking. The itinerary will also include hiking, swimming, and boat rides.*
- *Students should be willing to try new foods.*
- *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*

From Narnia to Neverland: Exploring Children’s Literature in the British Landscape

England

Cost: \$5,000-\$6,000

10-15 Students

Whether walking through a wardrobe into Narnia, falling down the rabbit hole with Alice, or flying straight to Neverland with Peter, some of the most beloved children’s narratives find a home in the landscapes of the United Kingdom. This Winterim will embark on a whimsical journey through various locations from London, Oxford, and beyond, where children’s literature comes alive. From Potter to Paddington, students will explore the landscapes and locations that inspired authors to write some of the most beloved tales. Some particular highlights will be a Children’s Literature London trivia scavenger hunt, a chance to explore the filming locations of some of the famous British children’s literary adaptations, and even a night at the theater in the famous West End, exploring everything that England has to offer. This Winterim adventure will culminate in the construction of a student-written anthology of children’s tales inspired by the journey.

Travel & Program Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
 - *Students must abide by all UK entry requirements at the time of entry.*
 - *Students should expect lots of walking and the use of public transportation.*
 - *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*
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Postcards from the Alps: Writing Your Way Through Switzerland

Switzerland

Cost: \$5,500-\$6,500

10-15 Students

What if your Winterim became the story of a lifetime? In this Winterim, students will travel deep into the heart of Switzerland to explore the breathtaking beauty of the Alps while writing their way through it. Each day will be filled with physical adventure, cultural discovery, and personal reflection as students document their journey through travel journaling/non-fiction writing lens, as well as writing visually. The culminating project will be a themed essay incorporating at least three journal entries. From hiking the snowy peaks of Mount Pilatus to exploring lakeside villages and alpine towns, students will learn to see the world through a writer’s lens. This course is ideal for students who love nature, storytelling, and stepping outside their comfort zone—both on the trail and on the page.

Travel & Program Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
- *Students must abide by all EU entry requirements at the time of entry.*
- *Students should expect lots of walking, hiking, and outdoor activities in potentially cooler temperatures.*
- *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*

Rome: Rise, Rule, and Ruin

Italy

Cost: \$5,500-\$6,500

10 Students

Beginning with its mythical, rural kingdom roots and tracing its development as a republic through its eventual transformation into one of the world's largest and most powerful empires, this Winterim explores both the history of Ancient Rome and its enduring legacy after its collapse. Students will spend time in Rome and its surroundings, studying archaeological treasures, historical artifacts, and the compelling stories of its rulers and people. They will gain a deeper understanding of how Rome rose to prominence and came to dominate a vast portion of the world, maintaining an empire in the face of significant internal and external threats. We will also examine the factors that led to Rome's division and collapse, with an eye toward understanding its lasting influence on contemporary legal systems, political dynamics, religious and philosophical thought, cultural achievements, artistic movements, and modern architecture. Students will begin with a couple of days on campus to build background knowledge and identify their individual areas of interest for deeper exploration while in Rome. The remainder will be spent in the city itself, with occasional day trips to other significant sites. With the help of local guides and archaeologists, we aim to go beyond the typical tourist experience to fully engage with the history and legacy of Rome.

Travel Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
 - *Students must abide by all EU entry requirements at the time of entry.*
 - *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*
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The Forman Rainforest Project

Costa Rica

Cost: \$4,000-\$4,500

10-12 Students (By Interview Only)

High adventure with a conservation mission. Have you ever wanted to be in the jungle and study one type of animal? How about helping to save that animal? In order to accomplish this goal, we need information based on collecting species or species pictures. We need well-trained students who can live in a rustic situation with some rain and be in the field collecting data. The data you collect goes to University data banks, which help keep track of species populations. This class and expedition are a once-in-a-lifetime event. It is a scientific mission while having a great time.

Travel & Program Advisory Considerations:

- *Students must have a valid passport by October 1st, 2025, that does not have an expiration date within a year of program travel dates.*
- *Students must abide by all Costa Rican entry requirements at the time of entry.*
- *Forman recommends that students inquire with their medical provider about any travel-related vaccination recommendations.*
- *Students should be prepared for extensive walking/hiking and lodging in rustic accommodations.*
- *Students enrolled in this Winterim must also enroll in the Tropical Ecology Seminar course during the regular academic year.*

ON-CAMPUS OPTIONS

Broadway Bound

Cost: \$1,500-\$1,750

10 Students

Dive into the enchanting world of musical theater and Broadway in this immersive class designed to captivate both aspiring performers and avid fans alike. From the dazzling lights of Broadway to the heartwarming melodies of beloved musicals, participants will embark on an unforgettable journey as we celebrate the magic of musical theater and unlock the secrets behind Broadway's most beloved productions.

College Tours of the Northeast

Cost: \$350-\$500

10-12 Students (Restricted to Juniors Only)

Finding the right college fit can be a crucial step in setting oneself up for success. Different types of colleges offer unique opportunities and environments, and understanding the various options available is essential in making an informed decision. By visiting various colleges in the area, students will gain essential knowledge to make well-informed decisions regarding their post-secondary pathways. By participating in this Winterim, students will gain a solid understanding of the different types of colleges available to them and develop the skills to evaluate their options effectively, ultimately helping them make informed decisions about their post-secondary education.

Crafting Connections: Busy Hands and Creative Minds

Cost: \$500

10 Students

Cross-stitch, quilting, and weaving—OH MY! This Winterim is a celebration of traditional handicrafts that connects students with centuries-old techniques while encouraging personal creativity and community collaboration. Through guided workshops, studio visits, and artist-led instruction, students will explore a wide range of textile arts—from the cozy comfort of knitting and crocheting to the dynamic process of screen-printing and the meditative rhythm of weaving. Participants will gain practical skills in quilting, felting, and surface design while also learning these crafts' history and cultural significance. Highlights include a visit to an alpaca farm to learn about raw wool processing, a screen-printing workshop where students will print their own wearable art, and a community quilt project. Whether you are a seasoned crafter or just beginning your fiber arts journey, this Winterim offers a meaningful opportunity to build tangible skills, connect with makers and materials, and contribute to a shared exhibition. Join us for two weeks of creativity, craftsmanship, and community as we honor the timeless art of making things by hand.

Forged in Forman

Cost: \$1,300

10-12 Students

In this hands-on Winterim, students will work with professional and award-winning blacksmiths to learn the art of metalcraft. Students will travel off campus to a local forge to learn the basics for the first week of the course, and spend the second week using what they've learned to craft their own knives. Students will develop an understanding of the basics of metalsmithing, blade safety, and self-defense. Students will also view documentaries about smithing and visit nearby forges and blade museums. The course will conclude with a showcase of students' learned skills.

Justice on Trial: The Courtroom's Greatest Dramas

Cost: \$500

10 Students

Justice's Greatest Dramas is a riveting journey through the courtroom battles that have shaped the moral, legal, and political foundations of the modern world. From the searing racial tensions of *Brown v. Board of Education* to the global reckoning of the Nuremberg Trials, and the seismic impact of the current age dilemmas in the Derek Chauvin trial. This course delves deep into the trials that didn't just make headlines—they made history. Each day reads like a legal thriller, bringing to life the people, passions, and profound stakes behind the decisions that changed the world. It explores the courtroom as both a stage for human drama and a crucible of societal transformation. We meet lawyers who become legends, judges who redefined justice, and ordinary individuals whose lives become extraordinary because of the cases they were pulled into. This is more than just a chronicle of landmark rulings—Justice's Greatest Dramas asks the urgent questions that echo beyond the gavel. What is justice? Who gets to define it? And, what happens when the court gets it wrong?

Marvels of the Modern Superhero

Cost: \$200

10 Students

It's a bird! It's a plane! It's... a metaphor for societal anxieties? From the screen to the page, superhero stories have been a cultural force for the past two decades. Beyond their box office success, what draws audiences to these stories again and again? How have comic books changed in recent years to reflect an ever-widening audience? Students will get to the bottom of these questions in this course by viewing and critiquing a variety of superhero movies and TV episodes, surveying a diverse set of comments, and learning from individuals in related industries. Throughout the course, students will create a superhero of their own and write the treatment for a film or the outline of a comic issue that explores what kind of modern concerns their hero would address.

Move, Breathe, Recover

Cost: \$900

10-12 Students

Discover the synergy between movement, breath, and recovery in this two-week immersive Winterim designed to cultivate strength, focus, and resilience, both physically and mentally. Move, Breathe, Recover blends daily fitness and mobility sessions with restorative practices like yoga, guided meditation, and breath work to help students understand and optimize their own well-being. Whether you're an athlete, a yogi, or just curious about living with more intention and energy, this experience offers a balanced, welcoming space to build physical capacity, reduce stress, and deepen self-awareness. Join us for a transformative journey that will leave you feeling empowered, centered, and ready to thrive.

Museums and Masterpieces

Cost: \$300-\$500

10 Students

Embark on a journey through some of New England's most celebrated art museums. Each day, participants will visit a different museum to explore iconic collections, uncover the stories behind the work, and experience the architecture and ambience of these cultural landmarks. Guided tours, engaging discussions, and interactive studio experiences will bring art history to life, offering insights into the artists, movements, and cultural contexts that shaped each work. Perfect for students with a passion for art, history, or culture, this Winterim promises an unforgettable exploration of creativity and human expression.

Stained and Fused Glass

Cost: \$1,500

10-12 Students

Have you ever dreamed of creating a stained glass window? This Winterim session will give you the opportunity to do so. We will explore stained glass as viewers, designers, and creators. There will be opportunities to explore stained glass within the region and meet with local makers. We will take what we learn and apply it to our own designs. Through cutting, grinding, and assembling glass, our designs will come to life in the most spectacular way once the light shines through. This Winterim will utilize workshop spaces on and off campus to expose students to the variety of ways in which glass is turned into beautiful works of art.

The Style Lab: Fashion, Design & Personal Aesthetics

Cost: \$1,000

10 Students

The Style Lab is a hands-on, immersive Winterim experience for students passionate about fashion, design, and personal expression. Over two dynamic weeks, participants will explore the creative process behind building a cohesive look, from sketching fashion concepts and experimenting with textiles to refining personal style through color theory and wardrobe curation. While students will have the opportunity to explore basic hairstyling and makeup techniques, the primary focus will be on fashion design fundamentals: creating mood boards, studying garment construction, understanding silhouettes, and discovering how fashion reflects identity and culture. Guest professionals from designers and stylists to fashion merchandisers and trend forecasters will offer industry insights and hands-on workshops. Off-campus excursions to design studios, boutiques, and a major fashion institute in NYC will provide a behind-the-scenes view of the fashion world. The program culminates in a final showcase where students will present a complete look that integrates their design work and personal aesthetic. Whether you're considering a future in fashion or simply want to elevate your creative expression, The Style Lab is your runway to explore, create, and shine.